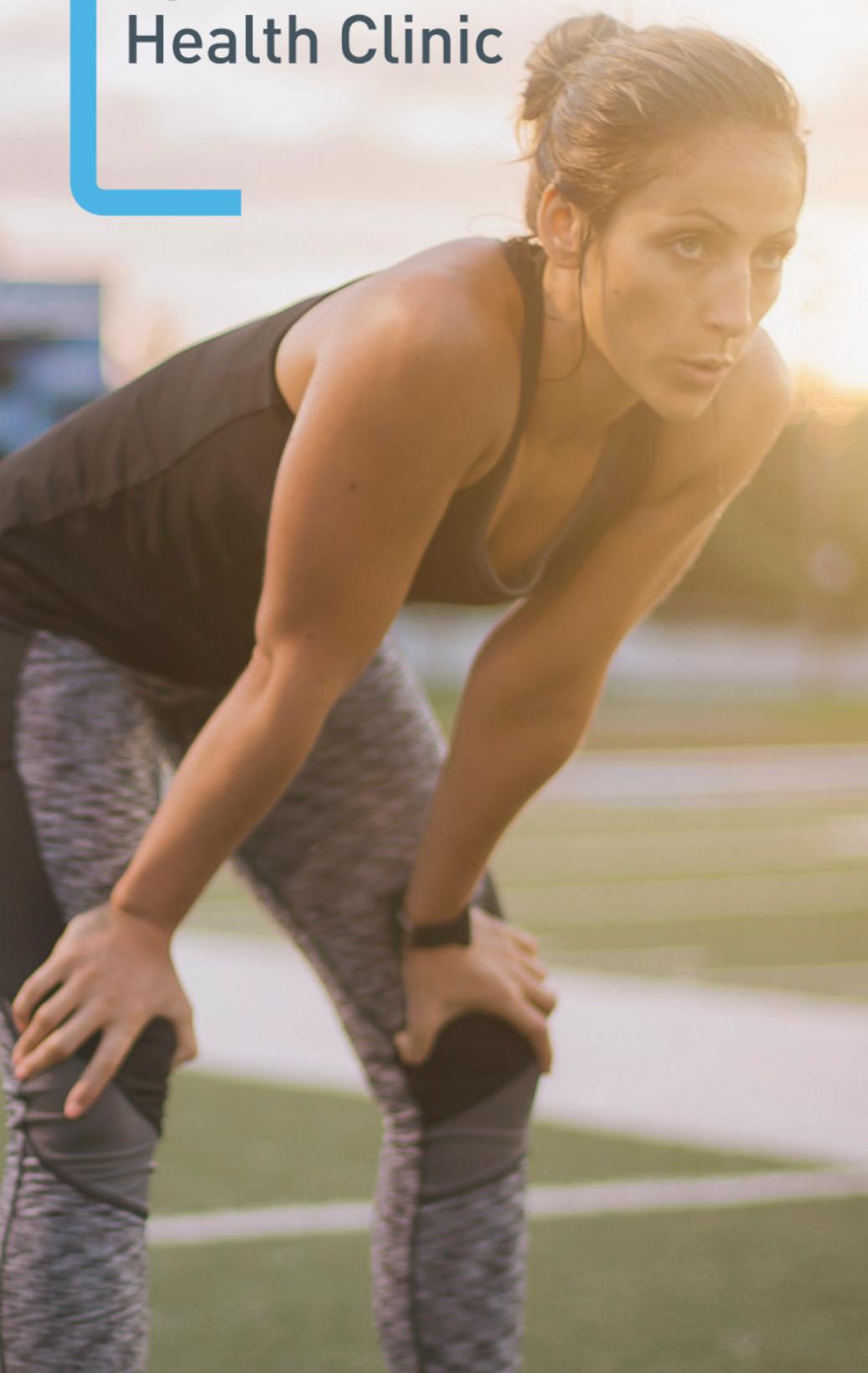




Epworth

Patient Information

Epworth Allied Health Clinic



Epworth Allied Health Clinic

The Epworth Allied Health Clinic is a private outpatient clinic providing a range of services. These include:

- physiotherapy
- temporomandibular (TMJ) or jaw treatment
- management of olfactory (smell) impairment
- swallowing assessment and therapy (including videofluoroscopy)
- communication assessment and therapy (including accent modification)
- voice therapy
- hand therapy
- dietetics
- psychological services.



The Epworth Allied Health Clinic offers a variety of services provided by expert clinicians. A referral is not necessary to access the clinic.

Physiotherapy

Physiotherapists aim to help you move, whether your movement is limited by pain, injury or a recent operation. After a thorough assessment, our physiotherapists use an evidence-based approach to manage a range of musculoskeletal conditions including lower back and neck pain, joint problems and sports injuries.

Physiotherapists at the Epworth Allied Health Clinic provide advice and education, tailored exercise, manual therapy and other interventions to help you return to your activities and daily function as soon as possible.

Available at: Epworth Hawthorn

Jaw (temporomandibular joint) and facial pain

Jaw and facial pain can have many causes, including temporomandibular joint (TMJ) or muscular problems, pain following maxillofacial surgery or pain related to neck issues. Our experienced physiotherapists are well equipped to help you manage your pain.

At Epworth Allied Health Clinic, we can work in conjunction with your dentist and/or other oral health professionals to provide a holistic approach to your pain management program. Manual therapy, massage and exercise can be very effective and provide a safe and conservative approach to returning function and reducing pain around the jaw and face.

Available at: Epworth Hawthorn

Olfactory impairment (smell)

Olfactory impairment — changes to your sense of smell — can occur following brain injury, Parkinson’s disease, facial fracture or surgery. The Olfactory Impairment Clinic is an Australian-first diagnostic service for individuals with a reported change to their olfaction (smell) and associated taste changes.

Our specialist speech pathologist provides assessment and education for individuals who have suspected changes in their sense of smell. Follow-on referrals to dietitians, psychologists and other health professionals are also made as required.

Available at: Epworth Hawthorn

Hand therapy

Hand therapy is offered by our occupational therapists who have expertise in managing injuries affecting the hand and upper limb. This includes both non surgical and surgical conditions.

Following a detailed assessment, treatment may include condition-specific exercises, oedema management, desensitisation and sensory re-education for nerve injuries, custom splinting, education regarding adaptive techniques and/or provision of adaptive equipment.

Available at: Epworth Hawthorn

Dietetics

Dietitians understand the importance of diet for both healthy individuals and those who have existing medical conditions. They can help you modify your weight, increase your energy levels or make changes to your eating habits. Dietitians can also give advice on what to eat before and after bariatric surgery, and help set up healthy eating plans for you and your family.

Available at: Epworth Hawthorn

Psychology

Major life changes, including traumatic events, can impact your happiness and wellbeing. Our experienced specialist psychologists can help you work through your issues, teach you effective coping strategies and help you make positive life changes. Your psychologist will be guided by your goals and targets for change.

Available at: Epworth Hawthorn

Communication and voice therapy

Our highly skilled speech pathologists provide treatment for adult voice and speech disorders, including Parkinson's disease and other neurological disorders. Techniques include the use of LSVT LOUD, which involves stimulating the muscles of the larynx (voice box) and speech mechanism through a systematic hierarchy of exercises. Accent modification and therapy for professional voice users are also offered.

Available at: Epworth Hawthorn

Swallowing videofluoroscopy study (assessment of swallowing function)

This is a dynamic — or moving — x-ray of swallowing from the mouth to the oesophagus. It allows the examination of structures and muscle function in the mouth and throat during swallowing.

Epworth's swallowing videofluoroscopy service tests your swallowing using a range of food and fluids. This will help identify any swallowing issues and find treatment techniques to improve your safety and comfort when eating and drinking.

Available at: Epworth Richmond

Fees

Patients with private health insurance can utilise their ancillary or extras cover to fund their treatment.

Alternatively patients can choose to self-fund.

General practitioners can also refer patients for Medicare subsidised treatment using the 'Chronic Disease Management' scheme for Allied Health or the 'The Better Access to Mental Health Care' scheme for psychology services.





Epworth

Appointments

Epworth Hawthorn

50 Burwood Road, Hawthorn VIC 3122

To make an appointment for any service at the Epworth Allied Health Clinic, please call 03 9415 5792.

Please note swallowing videofluoroscopy studies are conducted at:

Epworth Richmond

Suite 2.4, 32 Erin Street, Richmond VIC 3121

www.epworthalliedhealthclinic.com.au



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